



Active Opportunities Incorporated

ACTIVE OPPORTUNITIES INCORPORATED
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Our Mission

To provide accessible sports programs to all children with disability

Our History

Since 2012, Active Opportunities Inc has been delivering sports programs to adults and children with a disability in Sydney's North Shore and Northern Beaches regions.

Active Opportunities Inc is a 100% volunteer-based organisation who solely survives upon small, community and private grant programs, fundraising and donors.

Why we do it?

In Australia over 4.4 million have some form of disability, 1 in 5 people. In childhood this represents 7.3% of children aged 0 – 17 years old in Australia living with a disability. 52% of these children have a profound or severe core-activity limitation. Active Opportunities was created to provide this portion of our population the access to sporting programs to encourage social, psychological and physical enjoyment of healthy activities.

Our Programs

The Football4all program is designed for children with a disability and additional support needs to be able to participate in structured sport on a Saturday morning. This program is currently provided to children aged 5-12 years, however with additional funding, this program can be offered to people with a disability aged 13 -18 years.

The Football4all program is conducted every Saturday morning, 9.00am – 10.00am for eight weeks during each school term, year round. The children who attend this program engage in a wide variety of physical activities within sub stations, which helps to develop their motor skills such as throwing, kicking, catching, hitting, shooting and jumping as well as team sports skills.

The Football4all program creates a support network for volunteers, coaches, parents and players involved in football and to experience the benefits the sport offers.

Program Locations

Northern Suburbs of Sydney – In partnership with Lindfield Football Club at the Lindfield Sports Centre

Northern Beaches of Sydney – In partnership with Manly United FC at Cromer Park.

Planned expansion into surrounding Sydney regions

Program benefits to participants

- Increase motor skill development
- Increase physical fitness
- Decrease risk of injury
- Reduce health risks
- Increase social cohesion and relationship building skills
- Develop skills to aid in team sport inclusion
- Promotes a healthy and active lifestyle
- Enjoyment benefits

Who are we looking for?

Active Opportunities are always open to welcoming new volunteers and board members to support the governance, delivery and growth of the charity. If you have a passion for community needs, supporting human growth and an attitude to make things happen we welcome you to enquire by sending your CV and short introductory letter to our President Edward Ferguson; e.ferguson1878@outlook.com.

Volunteer skillset

- Passion for community growth and needs
- Experience in coaching, childcare or disability support
- Caring and empowering nature
- Positive communicator
- Well organised

Board Member skillset

Essential:

- Passion for community growth and needs
- Experience in coaching, childcare or disability support
- Knowledge of proper Board and governance procedures
- Commitment to, and record of, ethical behaviour
- Experience in forming and fostering stakeholder relationships
- Experience working with a volunteer workforce

Desirable:

- Experience of the operation of other boards (ie. Community organisations or sports clubs)
- Relevant training/memberships such as the Australian Institute of Company Directors
- Experience in matters which the Board may from time to time consider (ie. business administration, coaching, the law, IT, communications, marketing, finance, relationships with council)